

PSHE Curriculum Overview

Year Group/Term Number	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	New Beginnings	Say no to bullying / Getting on and falling out	Going for goals	Good to be me	Relationships Healthy Eating	Change Economic Wellbeing
Year 2	New beginning- Pupil voice	Getting on and falling out Keeping ourselves safe (Drugs)	Going for goals Money management	Good to be me Living in a diverse world	Relationships Animals and us	Changes special people
Year 3	New Beginnings / Healthy Lifestyles- food	Getting on and falling out	Going for goals / Economic Wellbeing	Good to be me Healthy Lifestyles- food	Relationships SRE	Changes Drug Education
Year 4	New Beginnings & respecting others	Getting on and Falling Out/ Bullying	Going for Goals & Taking Risks	Good to be Me & Choices	Relationships	Changes and Money
Year 5	New Beginnings	Getting On Falling Out Girls Talk (SRE)	Going for Goals	Good to be Me (including Body Image)	Economic Well Being /Drugs SRE	Changes
Year 6	New Beginnings Pupil voice	Getting on and falling out Say no to Bullying Money Matters	Going for goals Building knowledge about drugs and alcohol	Good to be me (including body image) Personal safety & internet safety First aid procedures	The Power of Relationships (including radicalisation and extremism)	Changes/Moving on Safety in Action How the body works Sex Education Changes in puberty